



“Growing Up with FASD”

1 Day Program – Keynote of FASD



Developed as a continuing education program for community professionals

3.5 contact hours – 210 minutes of total training time

At the end of this activity the learner will be able to:

Objective 1: Understand several tools that are helpful to those affected with an FASD to become as independent as possible and to make them a productive part of a community.

Content for Objective 1:

- I. The benefits of self-advocacy
- II. Building a toolbox of adaptive skills
- III. Developing social skills

Objective 2: Recognize the need to educate others about individuals living with FASD in order to create a community of support.

Content for Objective 2:

- I. Identifying “External Brains” for individuals with FASD
- II. FASD education for Special Educators
- III. Reaching out to first-responders

Objective 3: Think outside the box to find evidence-based interventions for individuals affected by fetal alcohol spectrum disorders

Content for Objective 3:

- I. Service Dogs for persons with FASD
- II. Socio-Cognitive intervention for math skills
- III. Behavioral consultation intervention to improve outcomes for families raising children with FASD

Objective 4: Create a Model Plan of Support for individuals living with FASDs

Content for Objective 4:

- I. Creating a safe place in the school environment
- II. Developing a Circle of Support within the community
- III. Understanding the importance of Positive Behavioral Supports in all contexts